



## Dealing With Bullying

1

**SITUATION:**

Someone says you can't play with him or her.

**ROLE-PLAYERS:**

Friends

**STARTER:**

You: "May I play with you."  
Friend: "Not right now."

**STEPS TO THINK OUT LOUD:**

"Work it Out."  
"Think about the problem."  
"Brainstorm solutions."  
"Choose the best solution."

2

**SITUATION:**

Someone is calling you names.

**ROLE-PLAYERS:**

Student dealing with the bullying

**STARTER:**

You, thinking aloud to self: "My friend is calling me names."

**STEPS TO THINK OUT LOUD:**

"Work it Out."  
"Think about the problem."  
"Brainstorm solutions."  
"Choose the best solution."

3

**SITUATION:**

Someone is bothering you while you're trying to listen to your teacher.

**ROLE-PLAYERS:**

teacher, friend, you

**STARTER:**

Friend acts like he or she is trying to talk to you while you are listening and your teacher is talking

**STEPS TO THINK OUT LOUD:**

"Work it Out."  
"Think about the problem."  
"Brainstorm solutions."  
"Choose the best solution."

4

**SITUATION:**

Someone says something mean about you missing a basketball shot.

**ROLE-PLAYERS:**

You and two friends

**STARTER:**

Friend: "I wish you hadn't missed that shot."

**STEPS TO THINK OUT LOUD:**

"Be Confident."  
"Think positively."  
"Be myself."  
"Do my best."



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5

**SITUATION:**

Someone says something mean about your family.

**ROLE-PLAYERS:**

Student dealing with the bullying

**STARTER:**

Student 1: "He said some mean things about my family."

**STEPS TO THINK OUT LOUD:**

"Work it Out."  
"Think about the problem."  
"Brainstorm solutions."  
"Choose the best solution."

6

**SITUATION:**

A group of kids is leaving other kids out.

**ROLE-PLAYERS:**

Group of friends

**STARTER:**

Student 1: "Can we play with you guys?"

**STEPS TO THINK OUT LOUD:**

"Work it Out."  
"Think about the problem."  
"Brainstorm solutions."  
"Choose the best solution."

7

**SITUATION:**

Someone starts a rumor about you.

**ROLE-PLAYERS:**

Student dealing with the bullying

**STARTER:**

Student 1: "I can't believe they said that about me."

**STEPS TO THINK OUT LOUD:**

"Work it Out."  
"Think about the problem."  
"Brainstorm solutions."  
"Choose the best solution."

8

**SITUATION:**

Someone threatens you.

**ROLE-PLAYERS:**

Student dealing with the bullying

**STARTER:**

Student 1: "A kid threatened to do something mean to me."

**STEPS TO THINK OUT LOUD:**

"Work it Out."  
"Think about the problem."  
"Brainstorm solutions."  
"Choose the best solution."